

8 STATION MULTI GYM & **4 STATION JX - FIT** J12XMG

These all-in-one units feature dedicated weight stacks for seamless exercise transitions. With unique crossfit and functional stations including battlerope, Jacobs ladder, box jump, and punching bag, target every muscle group efficiently. Experience a fullbody workout on a single machine, revolutionizing your fitness routine.

DIMENSION:

Length: 264 inches / 671 cms Width: 240 inches / 610 cms Height: 92 inches / 234 cms Weight Stack: 220lbs / 100kg

x 9 Stacks

MUSCLE WORKED:

